

CIEH Level 2 Award in Health and Safety in the Workplace.

Course Content and Timings.

Part 1: Introduction to Health and Safety.

- A. Introduction.
- B. Health and safety law. 75 minutes.
- C. Health. 1 hour.
- D. Safety. 40 minutes
- E. Welfare 30 minutes

Part 2: Workplace Specific Health and Safety.

- F. The workplace and work equipment. 1 hour.
- G. Risk Assessment. 30 minutes
- H. Manual Handling 20 minutes
- I. Hazardous Substances. 10 minutes
- J. Ergonomic and workstation design. 15 minutes
- K. Working at Heights. 10 minutes
- L. Transport and Vehicles. 15 minutes
- M, Noise and Vibration. 10 minutes

Timings are detailed in Session Plans.